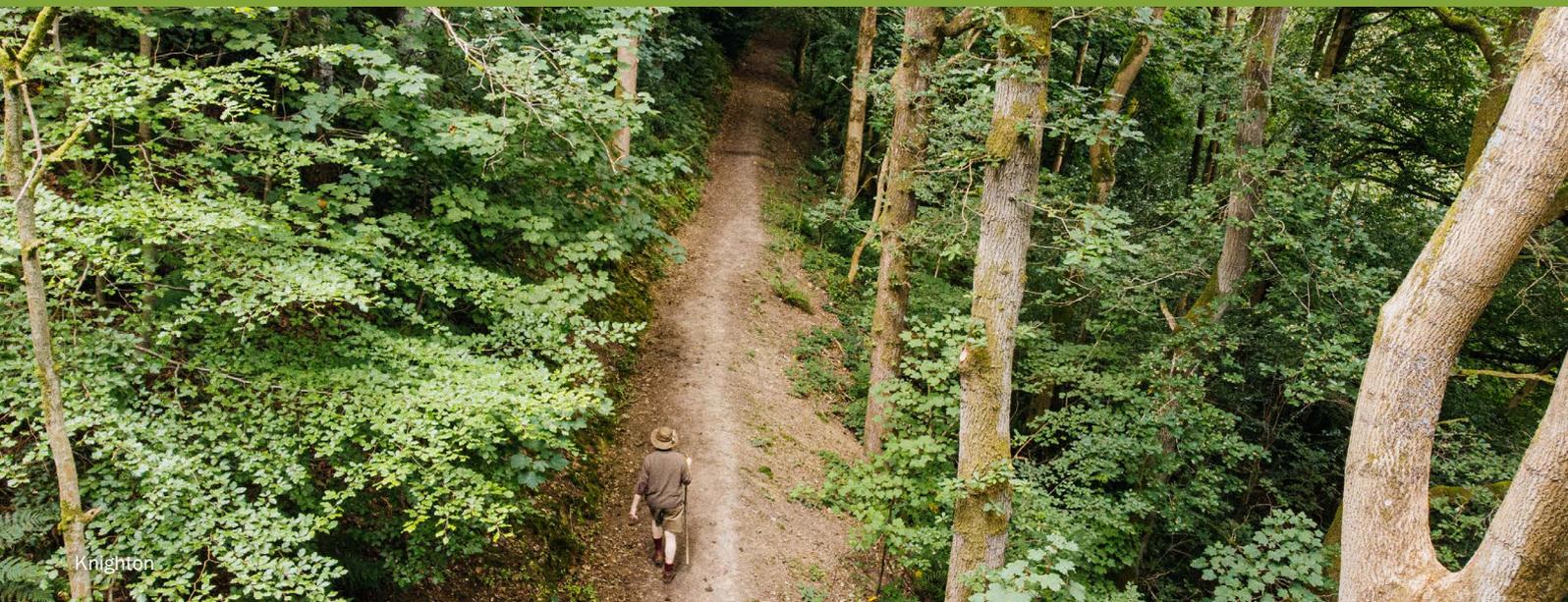




Knighton circular



Knighton

Route detail

Leave lovely Knighton and trace the famous earthwork of Offa's Dyke over the Shropshire Hills. Cross the verdant valley of the River Teme and follow the Heart of Wales Line Trail from Knucklas, climbing steeply back into the hills. Link with the course of Glyndŵr's Way to walk through a pleasant woodland on the way back to Knighton.

Distance: 7.4 miles/11.9 km
Start Grid Ref: SO 28450 72488
What3Words: aced.pushy.dimension

Start

Start at the Offa's Dyke Centre on West Street in Knighton. Walk behind the building and follow a path across a green space, passing fitness equipment. Signposts for the Offa's Dyke Path bear an acorn and the first stage over the hills is also part of the Heart of Wales Line Trail. Go down steps into woodland and keep left, reaching the border between Wales (Powys) and England (Shropshire). Stand on a little footbridge in order to have one foot in each country! Follow a path out of the wood and into a field, walking upstream beside the River Teme.

Cross a footbridge positioned alongside a railway bridge. Check that the railway line is safe to cross, and after crossing it, follow a path through small gates to reach a minor road just to the left of Panpwnon Farm (Panponton on the map). A signpost points towards Panponton Hill and a path climbs from a small gate. Stay inside a wood while climbing, emerging to find a signposted path junction. Keep left to follow a grassy path with woodland to the right and bracken to the left. Climb between gorse bushes to reach

another signpost and turn left. The path rises alongside a wood, with fine valley views, continuing across a slope of gorse bushes, passing a small gate.

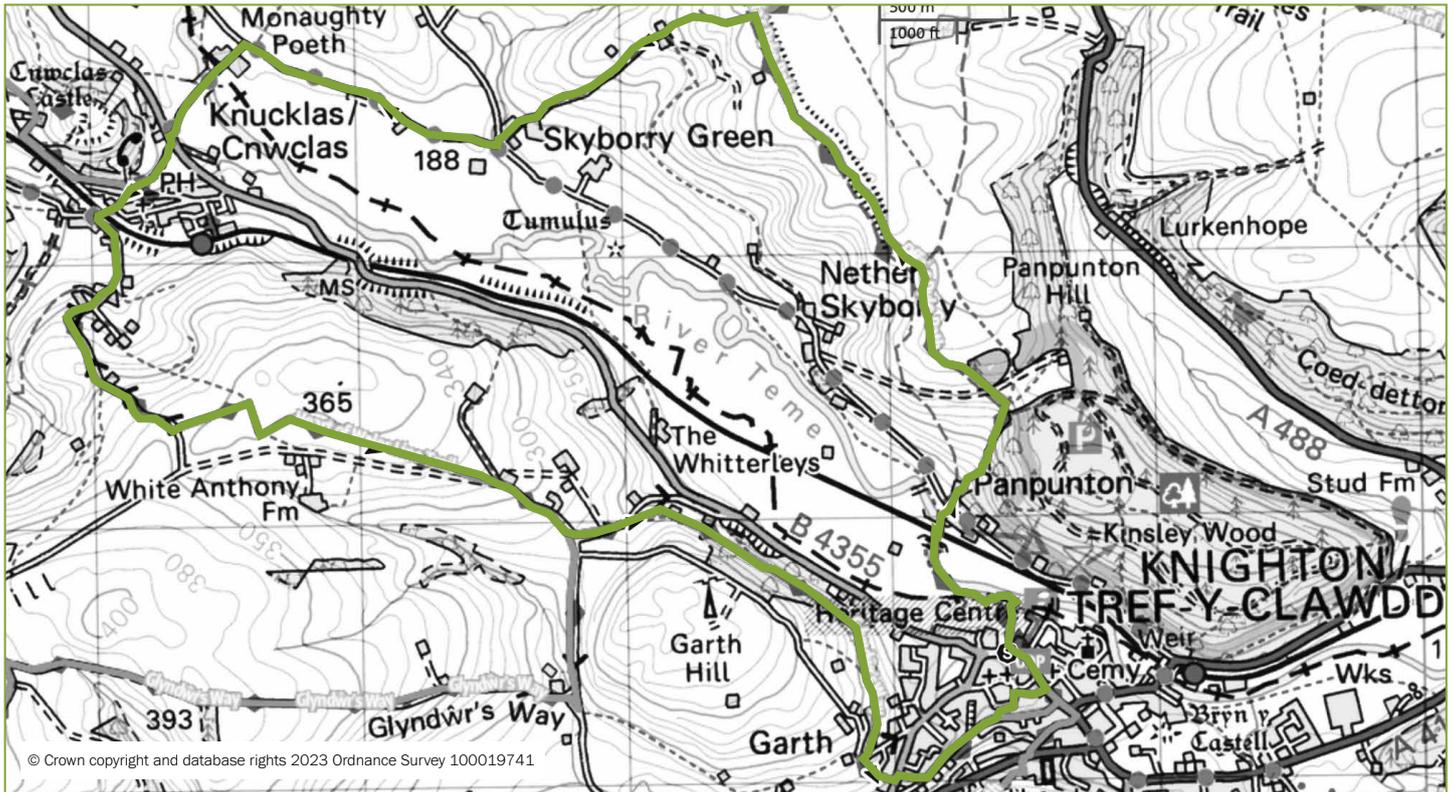
Reach a bench alongside a memorial stone near Panponton Hill and pause to enjoy the view as the bulk of the climb is over. You are standing in the Shropshire Hills of England, looking across the River Teme to the hills of mid-Wales. Follow a path roughly parallel to a fence, down into a dip to pass through a gateway. Continue uphill and eventually go through a small gate. Gorse bushes alongside the fence mark the rather low profile of Offa's Dyke, which was constructed in the 8th century. Go through another small gate and pass a stand of larch trees. Keep walking straight ahead and Offa's Dyke is free of fencing and can be inspected closely. A solitary building lies well to the left, while Offa's Dyke and its accompanying path lead gently downhill. A large and a small gate stand side-by-side, and just beyond them is a four-way signpost.

The Offa's Dyke Path continues ahead and uphill, so turn left instead, walking down a clear grassy track that becomes stony underfoot. When a house is reached, go through a large gate between the house and a neighbouring building, and continue straight down an obvious farm access track, reaching more houses at the bottom at Skyborry Green. There is a road junction here, so take the minor road signposted for Lloyney and Llanfair Waterdine. This level road passes empty fields then reaches a junction beside an attractive house called Monaughty Poeth.

Turn left down a minor road signposted for Knighton and after passing the last farm outbuilding, the road passes from England back into Wales, then crosses a stone bridge over the River Teme. Continue to a staggered crossroads and follow a road uphill signposted for the 'Village Centre'.

Glyndŵr's Way SHORT WALKS

Knighton circular



The village is Knucklas, and a crossroads is reached while crossing a bridge spanning a stream. (Turning left leads into the village, for the Castle Inn, bus stop and railway station.) Turn right as indicated by a small sign for Craven Arms, bearing the viaduct logo of the Heart of Wales Line Trail. Look out for more of these little signs from here.

The road soon passes beneath a towering stone arch on the Knucklas Viaduct. This is the second of thirteen arches, and the viaduct incorporates decorative towers. Read a notice at the roadside, explaining about the construction of the viaduct. Turn left along a bendy minor road that soon climbs very steeply past houses to reach higher fields. Keep climbing until a stand of Scots pines are reached, just as the road begins to level out. A signpost and a Heart of Wales Line Trail marker point left across a step-stile beside a large gate, into a field. Follow a hedgerow alongside the field, climbing while passing through a large gate. Turn right as marked through another large gate and walk downhill beside another field. Go through yet another large gate, where there is a signpost, and turn left. Walk along a grassy path, following a hedgerow or a fence, passing areas of rough grazing dotted with trees and bushes. The path eventually converges with a nearby road, which in turn crosses a cattle grid.

Walk down the road, passing a couple of houses, to reach a triangular road junction with signposts. Keep left as signposted for Glyndŵr's Way. A short way down the road, another signpost points right along a grassy track. Follow this and it eventually enters woodland on a steep slope. The path itself is easy underfoot, passing through small gates, later climbing before leaving the wood to join a grassy track overlooking Knighton. Reach a road where a signpost points straight ahead uphill, but soon afterwards, another signpost points left downhill.

A narrow path passes houses and gardens, reaching a lower road. Cross over and spot a signpost indicating another path between houses and gardens. Cross another road and continue down a tarmac path. Reach a road and look for a tarmac track marked as 'unsuitable for motor vehicles' and follow it. It narrows and becomes a riverside path. Continue along a narrow road past houses, but watch for a telegraph pole on the left, bearing little acorn signposts. Turn left up a steep tarmac path, crossing a road and climbing further up another steep tarmac path. Turn right along Castle Road, then left at the top of it, before turning right at the Golden Lion. Walk straight down the pedestrianised High Street, also known as The Narrows, passing a monument marking the start of Glyndŵr's Way, to reach the prominent Clock Tower at the bottom. Turn left along West Street to finish back at the Offa's Dyke Centre.

Parking: Limited parking behind the Offa's Dyke Centre in Knighton, as well as roadside parking or public car parks around Knighton.

Bus: Daily bus services link Knighton and Knucklas.

Train: Daily Heart of Wales Line train services link Knighton and Knucklas, but note that Knucklas is a request stop.

General information: n/a

